





## Accessing mental health care shouldn't be difficult.

Caring for your mental health can feel overwhelming, especially the first time you recognize the need for support. That's why we're making it easier than ever to get expert care from licensed therapists and psychiatrists.

## How can we help

Some examples of how our providers and therapists can help:

- Anxiety
- + Depression
- Stress & burnout
- Isolation

- + Grief & loss
- + Relationship issues
- + PTSD
- + Postpartum depression

## What it costs

Doctor On Demand video visits cost far less than a trip to the emergency room or urgent care. The cost of your visit is provided up front, so you won't have any surprises after your visit. There are no setup or monthly fees.

For more information, visit: doctorondemand.com

Enter PAISBOA as your employer



## **Get Started**

Join Doctor On Demand in 3 easy steps.



Sign up and create an account

Add your coverage

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